



ANNOUNCEMENT/MEMO

TO: All Employees and Friends

Please join your co-workers as we form a team, lace up our sneakers and pound the pavement for a good cause! The Lupus Alliance of America LI/Q Affiliate is holding their 16th Annual Walk-Along for Lupus!! We will be joining over 2,000 other walkers and enjoying this fun event which will feature:

Greg T from Z-100 and the Z-100 Prize Patrol Van, the NY Islanders give-a-way van, face painting, live music, lunch, free massages, and more.

WHEN: OCTOBER 18TH, 2009 RAIN OR SHINE

WHERE: EISENHOWER PARK, EAST MEADOW, FIELD #6

TIME: 10:00AM (REGISTRATION BEGINS AT 8:30AM)

Over 2 million Americans suffer from lupus, a chronic autoimmune disease that has **NO CURE!!** and can cause rashes, hair loss, fatigue, fevers, joint pains, nose & mouth ulcers, loss of memory, cognitive dysfunction, kidney dysfunction and more. **There has not been a new medication approved by the FDA for lupus in over 50 years!** The Lupus Alliance needs your help so they may continue to serve those who suffer from lupus with personal programs and services; fund research into the cause and cure, fight to see the creation of new medications with less toxic side effects and advocating to the government to help approve these medications.

Now is the time to get involved and do what you can to help!! 50 years is too long to wait for progress and every dollar counts! All the money raised from the walk will be used for research and to provide educational & quality of life support services for people with lupus and their families. ***The Walk-Along for Lupus is the biggest and oldest Lupus Walk on Long Island***, and in the past 16 years has raised over 2 million dollars that went directly to easing the suffering of those whose lives are affected by lupus.

THINK YOU'RE TOO BUSY TO LEND A HAND? FIND OUT ABOUT HOW YOU CAN SET UP YOUR OWN WEBPAGE AND COLLECT FUNDS FOR THE WALK ONLINE!! COLLECT RIGHT FROM YOUR FACEBOOK OR TWITTER PAGE!

*Teams that raise **\$300** or more before **10/03/09** receive signs with their team name on them that they can proudly display as they walk. Teams with **8 members** or more are eligible for pre-packaged lunches that will be ready to go as soon as the team finishes their walk. Get a Walk T-Shirt if you raise **\$50** or more, and if you earn more than **\$500** you can get a Gift Certificate from Best Buy or Macy's to use just in time for your holiday shopping!!*

SIGN UP TODAY! FILL OUT A REGISTRATION FORM AND BE A MEMBER OF THE TEAM TO WALK-ALONG FOR LUPUS.

Contact: _____ Phone _____